

# Before "I Do"

## PORNOGRAPHY

Honesty and transparency are vital to the health of a marriage. Being honest with your spouse about your sexual struggles can help you overcome shame and approach this area as a team. Complete the questions below and share the answers with your partner.

If it starts to feel overwhelming or discouraging, please take a break. The point is not to discourage you but to help start a discussion.



FOR THE STRUGGLER

## Three components to confronting porn in marriage.

Transparency



Support



Grace/Forgiveness



### Question

When were you first exposed to pornography?	
Are there other sexual events, exposures or struggles in your past?	
How would you describe your current involvement in pornography (frequency, style, etc)?	
What are some of your personal triggers or weaknesses when it comes to pornography?	
What is your personal motivation for wanting to stop pornography? Do you actually want to stop?	
What steps have you taken or are you taking to walk in freedom from pornography?	
How could your future spouse support you in your journey of freedom?	

How would you say pornography has influenced your view of sex?

--

**Circle all that apply:**

When I think of sex in marriage I feel...

Excited	Anxious	Aroused	Fearful	Confused	Curious
Uncertain	Unprepared	Ready	Indifferent	Other: _____	

What are some of your biggest fears when it comes to marriage and your struggle with pornography?

--

**Answer Agree or Disagree:**

Pornography is the same as cheating.

Agree	Disagree	Explain:
-------	----------	----------

Spouses should share passwords/log in information with each other for the purpose of accountability.

Agree	Disagree
-------	----------

Marriage will help me overcome my pornography problem.

Agree	Disagree
-------	----------

One of the reasons married people view pornography is because of a poor sex life with their spouse.

Agree	Disagree
-------	----------

I am willing to involve an objective opinion (ie. a counselor) when it comes to my struggle and how it may affect my relationship.

Agree	Disagree
-------	----------

If you were to fall to pornography in marriage, how would hope your spouse would respond?

--

© 2021 [beggarsdaughter.com](http://beggarsdaughter.com)

There is a "supporter" worksheet that accompanies this one. Have your future spouse complete that and review your answers together. If your future spouse is also a struggler, print off two copies of each of these worksheets and complete them.

This questionnaire is meant to be a discussion starter, helping you address issues that many couples may otherwise ignore until it's too late. The decision of whether or not you should get married yet is ultimately up to the two of you. In some cases, it may be wise to delay marriage while one or both of you pursues greater levels of freedom and/or healing. **If the idea of sharing this with your partner is intimidating or fearful, please reach out to a third party (a counselor or pastor) to help mediate that conversation.**

This is not meant to be a replacement for counseling or the advice of wiser people in your lives. Please involve them.

For additional articles and resources, please visit: [beggarsdaughter.com](http://beggarsdaughter.com)

# Before "I Do"

PORNOGRAPHY

Honesty and transparency are vital to the health of a marriage. Spouses can play crucial roles in supporting each other in pursuit of freedom. Some of the questions below are designed to help you gauge your personal response to your partner's struggle. Others are designed to facilitated grace.

It's understandable if this is a hard conversation and you need to take a break



FOR THE SUPPORTER

## Three components to confronting porn in marriage.

Transparency



Support



Grace/Forgiveness



### Question

Have you ever been exposed to pornography? Please explain.

Are there other sexual events, exposures or struggles in your past?

When you hear of someone struggling with pornography, what adjectives or thoughts come to mind to describe that person/sin?

What would you say are some of the reasons a person struggles with pornography?

Have you had any other relationships (family, mentor, past romantic relationships) affected by pornography? If so, explain how it affected you.

**Ask your future spouse:**

What are some safeguards we can put in place to keep pornography at bay in our marriage?

**Ask your future spouse:**

What do you think pornography has taught you (struggler) about my (supporter) sexual desire.

How has your own background influenced your view of sex (think church, school, media, etc).

--

**Circle all that apply:**

When I think of sex in marriage I feel...

Excited	Anxious	Aroused	Fearful	Confused	Curious
Uncertain	Unprepared	Ready	Indifferent	Other: _____	

What are some of your biggest fears when it comes to marriage and your spouse's struggle with pornography?

--

**Answer Agree or Disagree:**

Pornography is the same as cheating.

Agree	Disagree	Explain:
-------	----------	----------

Spouses should share passwords/log in information with each other for the purpose of accountability.

Agree	Disagree
-------	----------

Married people should have no problem with pornography because they are getting sexual release.

Agree	Disagree
-------	----------

I want to be a safe place for my spouse when they are struggling. They should feel free to tell me.

Agree	Disagree
-------	----------

I am willing to involve an objective opinion (ie. a counselor or mentor) in our relationship.

Agree	Disagree
-------	----------

How do you believe you would respond if you caught your future spouse viewing pornography after you were married?

--

© 2021 [beggarsdaughter.com](http://beggarsdaughter.com)

There is a "struggler" worksheet that accompanies this one. Have your future spouse complete that and review your answers together. If you both struggle, print off two copies of each of these worksheets and complete them.

This questionnaire is meant to be a discussion starter, helping you address issues that many couples may otherwise ignore until it's too late. The decision of whether or not you should get married yet is ultimately up to the two of you. In some cases, it may be wise to delay marriage while one or both of you pursues greater levels of freedom and/or healing.

This is not meant to be a replacement for counseling or the advice of wiser people in your lives. Please involve them.

For additional articles and resources, please visit: [beggarsdaughter.com](http://beggarsdaughter.com)

# Before "I Do"

PORNOGRAPHY

Once you've had time to process your conversation, take time to consider how you want to move forward as a couple.

These can be hard topics and hard conversations and, your answers may change. That's fine. This is simply a starting point for you. If it helps, print off two copies of this page and fill them out separately and then compare answers.



OUR PLAN FORWARD

## Three components to confronting porn in marriage.

Transparency



Support



Grace/Forgiveness



### Question

What safeguards and strategies can you enact as a couple to help avoid triggers and keep accountability.

--

What are some potential ways you see that your past views of sex (either through porn or culture) could influence your relationship?

--

How are you going to facilitate trust, support, and relational intimacy in your marriage?

--

#### Answer Agree or Disagree:

We have discussed expectations of sex in marriage.

Agree      Disagree

We are approaching this marriage (and any struggles) as a team.

Agree      Disagree

We recognize that marriage is a union of two imperfect people, each with our own "baggage."

Agree      Disagree

We feel free to discuss this and any issue and we are able to do so with grace. It is not off limits or a taboo topic.

Agree      Disagree

We believe we should still get married.

Agree      Disagree      Explain: